

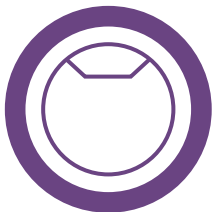


# Training Tables Buying Guide



Highly versatile and portable, training tables (also known as seminar tables) are useful in a variety of spaces: school media centers, computer labs, libraries, offices and conference rooms, to name a few. Basic training tables feature durable and spacious tops with foldable legs for convenient storage, while more deluxe models feature lockable casters, built-in electric with grommets, whiteboard tops and more. Our buying guide breaks down all you need to know about training tables – so you can determine which type is right for you.

## School Outfitters Tips



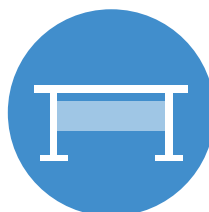
Grommets are cutouts in the tabletop that allow cords from devices to pass through in one spot. This keeps cords organized and protected from wear and tear. Tables with grommets are ideal in tech-heavy spaces like computer labs or media centers.



Some training tables feature built-in USB ports and outlet strips to allow users to conveniently charge devices. This feature is especially useful in areas where users need to frequently work on personal laptops, tablets or phones.



Flip-top or flipper tables feature tops that flip up or down and nest with other tables for efficient storage. Most flip-top tables are mobile and are ideal for spaces that require furnishings to be stowed away when not in use.



A modesty panel attaches to the backside of a table to add visual privacy below the table. Modesty panels can be beneficial for users who need to sit in front of or in large groups of people.

## Training Table Types



### Folding Tables

Folding tables are ideal for temporary or popup workspaces. With lightweight tops and steel legs that fold down, these tables can be stacked for storage or easily carried from space to space. A durable **table dolly** can move several folding tables at once. Most folding tables feature blow-molded plastic tops durable enough to withstand outdoor use.

[Shop Folding Tables](#)



### Adjustable-height Training Tables

Adjustable-height training tables typically adjust from sitting to standing height at the touch of a button or lever. Adjustable-height tables help keep people of all sizes comfortable during long work sessions.

[Shop Adjustable-height Training Tables](#)



### Mobile Training Tables

Mobile training tables are ideal for spaces that require frequent rearranging or quick and easy collaboration. These tables have durable locking casters that make it quick and easy to maneuver from space to space. Most mobile seminar tables feature tops that flip up or down and nest with other tables for efficient storage.

[Shop Mobile Training Tables](#)



### Aluminum Training Tables

Aluminum training tables tend to be more expensive than plastic or laminate tables, but they'll last a lifetime. Aluminum training tables won't rust, stain, warp or chip, and are lightweight for easy portability. Plus, they're available in a variety of colors. Aluminum tables are ideal for long-term, heavy use.

[Shop Aluminum Training Tables](#)



### Laminate Training Tables

Laminate training tables are more durable than melamine options. They're also easy to clean and scratch and stain resistant. Laminate tables feature durable edge banding to protect the top from idle picking or food build up. These tables are designed for use in high-traffic areas and are available in a variety of colors and finishes.

[Shop Laminate Training Tables](#)



### Plastic & Melamine Training Tables

Plastic and melamine training tables are an affordable and durable option for high-traffic, high-use areas as well. Plastic tables can be used in outdoor spaces as they're able to withstand inclement weather. Available in a plethora of colors and styles, plastic training tables are a popular choice for schools and office spaces.

[Shop Plastic & Melamine Training Tables](#)

# Certifications



## MAS Certified

Products that are MAS Certified meet the stringent standards for low chemical emissions set by Materials Analytical Services, LLC, an industry-independent organization and leader in emissions testing development and compliance. Products that are MAS Certified contribute to healthier indoor air. MAS certification is recognized and accredited by LEED and BIFMA.



## GREENGUARD Certified

Products that are GREENGUARD Certified meet the stringent standards for low chemical emissions set by the Greenguard Environmental Institute (GEI), an industry independent organization that aims to improve indoor air quality. Products that are GREENGUARD Certified reduce people's exposure to chemicals and other pollutants, improving overall health. GREENGUARD Certification is GEI's first certification offering.



## GREENGUARD Gold Certified

GREENGUARD Gold Certification is GEI's second tier of certification. Products that are GREENGUARD Gold Certified meet an even lower level of chemical emissions plus health-based criteria for additional chemicals. GREENGUARD Gold products meet the indoor air quality needs of sensitive environments like schools, daycares and health care facilities.



## BIFMA Certified

The Business and Institutional Furniture Manufacturer's Association, or BIFMA, certification is a voluntary standard that a product has met stringent third-party sustainability requirements. This certification ensures the product is durable, has longevity and promotes a healthy work environment.